

Teleintervention for users of augmentative and alternative communication devices

Bekteshi, Saranda; Konings, Marco; Karlsson, Petra; Criekeing, Tamaya Van; Dan, Bernard; Monbaliu, Elegast

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1 **Teleintervention for users of augmentative and alternative communication (AAC)**
2 **devices: a systematic review**

3

4 Saranda Bekteshi^{1*}, Marco Konings¹, Petra Karlsson², Tamaya Van Criel³, Bernard Dan⁴, Elegast
5 Monbaliu¹

6

7 *¹KU Leuven, Bruges Campus, Department of Rehabilitation Sciences, Research Group for*
8 *Neurorehabilitation, 8200 Bruges, Belgium; ²University of Sydney, Cerebral Palsy Alliance, Sydney,*
9 *Australia; ³KU Leuven, Bruges Campus, Department of Rehabilitation Sciences, Musculoskeletal*
10 *Research Group, 8200 Bruges, Belgium; ⁴Faculty of Medicine, Université Libre de Bruxelles, Brussels,*
11 *Belgium*

12

13 Corresponding author: Saranda Bekteshi, KU Leuven, Bruges Campus, Department of Rehabilitation
14 Sciences, Research Group for Neurorehabilitation, 8200 Bruges, Belgium

15 Email: saranda.bekteshi@kuleuven.be

16 **Abbreviations**

- 17 AAC – Augmentative and Alternative Communication
- 18 ALSFRS-R – Amyotrophic Lateral Sclerosis Functional Rating Scale-Revised
- 19 ASHA - American Speech-Language-Hearing Association
- 20 ATDPA – Assistive Technology Device Predisposition Assessment
- 21 BCI – Brain-Computer Interface
- 22 BLAF – Behavioral Language Assessment Form
- 23 EACS – Edinburgh Cognitive and Behavioral Amyotrophic Lateral Sclerosis Screen
- 24 FA – Functional Assessment
- 25 FCT – Functional Communication Training
- 26 ROBINS-I - Risk of Bias in Non-randomized Studies-of Intervention
- 27 SCED Scale – Single-Case Experimental Design Scale
- 28 SCD RoB – Single-Case Design Risk of Bias
- 29 SDA – Structured Descriptive Assessment
- 30 SGD – Speech Generating Device
- 31 SLP – Speech-Language Pathology
- 32 SWiM – Synthesis Without Meta-analysis
- 33 TARF-R - Treatment Acceptability Rating Form-Revised
- 34 VABS - Vineland Adaptive Behavior Scales

35 **Abstract**

36 AIM: To synthesize existing evidence on the effectiveness of speech-language teleinterventions
37 delivered via videoconferencing to users of Augmentative and Alternative Communication (AAC)
38 devices.

39 METHOD: A systematic literature search was conducted in ten electronic databases, from inception
40 until August 2021. Included were speech-language teleinterventions delivered by researchers and/or
41 clinicians via videoconferencing to users of AAC devices, without restrictions on chronological age and
42 clinical diagnosis. The quality of the included studies was appraised using the Downs and Black's
43 checklist and the Single-Case Experimental Design (SCED) Scale, and risk of bias was assessed using
44 the Risk Of Bias In Non-randomized Studies-of Interventions (ROBINS-I) and the Single-Case Design
45 Risk of Bias (SCD RoB) tool.

46 RESULTS: Six teleinterventions including 25 participants with a variety of conditions, like Down
47 Syndrome, Autism, Rett Syndrome, and Amyotrophic Lateral Sclerosis met the inclusion criteria. Five
48 studies used a single-case experimental design and one was a cohort study. Teleinterventions included
49 Active Consultation (n=2), Functional Communication Training (n=2), Brain-Computer Interface (n=1),
50 and both tele- and in-person intervention (n=1). All teleinterventions reported an increase in
51 participants' independent use of AAC devices during the training sessions compared to baseline, and
52 an overall high satisfaction and treatment acceptability.

53 INTERPRETATION: Speech-language teleinterventions for users of AAC devices show great potential
54 for a successful method of service delivery. Future telehealth studies with larger sample sizes and
55 more robust methodology are strongly encouraged to allow the generalization of results across
56 different populations.

57

58 **What this paper adds:**

- 59 1. Individuals can learn to use AAC devices independently during tele-AAC interventions.
60 2. Service providers and recipients reported an overall high satisfaction and acceptability for AAC
61 services delivered via teleinterventions.
62 3. Speech-language teleinterventions may be an effective method of providing AAC intervention
63 services.

64 Speech and language impairments affect the ability to talk, read, write, and at times be understood.
65 The impairments may range from a few sound errors to a complete inability to communicate
66 effectively.¹ Speech-language skills are a predictor of the level of independent living, achievements in
67 education, increased social participation, and higher employment opportunities.^{2, 3} Early and
68 continuous provision of speech-language pathology (SLP) services is essential, especially since the
69 majority of children receiving SLP services are in the critical period of their speech and language
70 development, often referred to as the “golden age”.^{4, 5} Thereby, any disruption in this early and
71 continuous provision of SLP services may lead to chronic and irreversible speech-language
72 impairments, which are additionally related to both cognitive and physical development, all impacting
73 the quality of life.⁴

74 In spite of efforts to make healthcare services accessible to everyone, the World Report on Disability⁶
75 acknowledges the ‘medically under-served populations’ who face numerous barriers to access
76 healthcare, including SLP services. Barriers include a lack of health workforce to meet population
77 needs and structural, geographical, financial, linguistic, or cultural barriers.⁷ As such, technological
78 advances and evolving healthcare policies to facilitate remote service delivery have been widely
79 adopted to increase accessibility and optimize healthcare outcomes.⁸ Recently, the COVID-19
80 pandemic rapidly and drastically required the shift of healthcare services from face-to-face delivery to
81 telepractice modalities.^{9, 10} This was a key strategy to maintain and complement healthcare services
82 disrupted by the pandemic, revealing the need for a higher emphasis on telepractice in speech-
83 language-hearing services.⁴

84 The American Speech-Language-Hearing Association (ASHA) defines telepractice as “the application
85 of telecommunications technology to the delivery of SLP and audiology professional services at a
86 distance by linking clinician to client or clinician to clinician for assessment, intervention, and/or
87 consultation”.¹¹ Telepractice is shown to be a feasible, effective, and appropriate method to deliver
88 remote SLP services as it increases the accessibility of services to clients who live in remote, rural,
89 underserved areas, it prevents unnecessary delays in receiving care, it reduces travel-burden,
90 especially for people with mobility limitations and aging populations, and it is a time- and cost-efficient
91 service delivery.¹²⁻¹⁴ This remote service delivery can be asynchronous (i.e., a store-and-forward
92 method using pre-recorded online material for viewing, training, or interpretation by professionals)
93 and synchronous (i.e., client interactive method with real-time feedback and exchange of information
94 using videoconferencing).^{11, 14} Telepractice is interchangeably referred to as telehealth,
95 telerehabilitation, telemedicine, telespeech, telecommunication, or eHealth.⁸

96 An overview of telepractice in SLP reports shows its applicability over a wide age range (from children
97 to seniors), various speech-language impairments (like fluency, voice disorders, neurogenic
98 communication disorders, childhood speech and language disorders), characterizing several clinical
99 diagnoses (such as acquired brain injuries, neurodegenerative diseases, and neurodevelopmental
100 disorders).^{1, 15} Telepractice can be used to deliver a number of SLP services, ranging from evaluation,
101 assessment, consultation, monitoring, rehabilitation, Augmentative and Alternative Communication
102 (AAC), and intervention.^{8, 12} Systematic reviews synthesizing current evidence in teleinterventions¹⁶
103 are particularly useful to facilitate a rapid transitioning to telepractice delivery.¹²

104 Numerous systematic reviews^{2, 17-27} synthesized existing evidence in speech-language
105 teleinterventions, mainly focusing on speech and language interventions (i.e., vocalization and
106 verbalization) such as fluency, accuracy in reading, naming, and spelling, language production and

107 comprehension, speech intelligibility, or accurate articulation. Synthesized evidence is, however,
108 lacking in populations who use AAC devices as their primary means of communication. AAC devices
109 are defined as “any method of communicating that supplements (augments) or replaces (provides an
110 alternative to) the usual methods of speech and/or writing where these are impaired or insufficient
111 to meet the individual's needs”.²⁸ AAC devices have the potential to enhance communication,
112 language, and literacy development for people with complex communication needs²⁹ leading to
113 increased access to their environment, social participation and increased opportunities for better
114 language and literacy outcomes.³⁰ AAC modes can be unaided (gestures, body language) and aided,
115 which ranges from non-technology (picture symbols and books) to technology AAC devices like
116 speech-generating devices (SGD), voice-output software, eye-trackers, brain-computer interfaces
117 (BCI), and others.³¹ Official reports on the number of people who rely on the daily use of AAC devices
118 indicate an estimated prevalence of 0.5% of the British population (536/100000 people)³² and 1.3% of
119 the American population (around 4 million).³³ The estimated prevalence is on the rise worldwide³¹,
120 with people with different clinical diagnoses benefiting from AAC devices, ranging from brain insults
121 to progressive diseases, genetic syndromes, and neuromuscular diseases, among others.³⁴

122 Two systematic reviews^{35, 36} synthesized evidence of teleinterventions in users of AAC devices, namely
123 in individuals with developmental disabilities³⁵ and in children with autism³⁶. Both reviews focused on
124 family-implemented social and communication interventions in which communication partners were
125 trained through online instructional courses and/or videoconferencing to implement the respective
126 home-based intervention. Although family-implemented interventions in users of AAC devices are
127 reported to be successful^{35, 36}, they require careful planning, and communication partners usually
128 complete their training independently at a convenient time, possibly delaying the provision of early
129 speech-language intervention. Synthesized evidence of teleinterventions provided directly to the user
130 of AAC devices by experts such as speech-language therapists or clinical researchers is currently
131 lacking. Law et al.,³⁷ recently synthesized the existing reviews on telepractice interventions for children
132 and young people with communication disabilities. Out of ten included reviews, none reported the
133 use of telepractice for AAC interventions.³⁷ Given the importance of the early provision of speech-
134 language interventions, the ever-growing potential of telepractice as a method of service delivery, and
135 the lack thereof of synthesized evidence on synchronous teleinterventions for AAC users, this
136 systematic review aims to answer the following research question: “How are speech-language
137 teleinterventions provided to users of AAC devices, and what is their effectiveness on the use of AAC
138 devices and participants' overall communication competences?”

139 **Methodology**

140 The systematic review was organized and reported in accordance with the Preferred Reporting Items
141 for Systematic Reviews and Meta-Analyses (PRISMA)³⁸ guidelines and was prospectively registered
142 with PROSPERO (CRD42021231913). Minor changes were made to the registered protocol on 23
143 August 2021. Changes included (1) changing the ‘comparator’ section in the PROSPERO record from
144 ‘Not applicable’ to ‘Any comparator (like non-exposure control group or an on-site AAC intervention)
145 or lack of comparator will be included’, an amendment which better satisfied the four PICO elements,
146 2) an update to include both English and non-English language records. The A MeaSurement Tool to
147 Assess systematic Reviews-2 (AMSTAR-2) checklist was used for the critical appraisal of this review.³⁹

148 **Search strategy**

149 A primary literature search was performed by one author (SB) in ten electronic databases, including
150 Embase, Medline (Ovid), ProQuest, Web of Science, PubMed, Scopus, CINAHL (EBSCO), Cochrane
151 Library, PEDro, American Speech-Language-Hearing Association (ASHA) journals from intercept to 16th
152 of August 2021. No restrictions were set on publication language; retrieved were all records in English
153 and non-English languages. Additionally, Google Scholar was manually searched using the pre-
154 determined search terms.

155 Search terms included different variations of keywords, including a combination of the 1) method of
156 intervention delivery (telerehabilit* OR telepractice OR telehealth OR telemedicine OR tele-aac OR
157 remote communication OR internet-based OR web-based OR e-rehabilit* OR e-health OR
158 videoconferenc*) and 2) intervention of interest ('augmentative and alternative communication' OR
159 AAC or alternative computer access OR speech-generating devic* OR speech-language). Search
160 strategies with controlled terms for Medical Subject Heading (MeSH) resulted in the majority of
161 keywords ignored (such as telepractice, telehealth, tele-aac, internet-based, web-based,
162 augmentative and alternative communication, alternative computer access, speech-language, and
163 others), thus, MeSH terms were not included. The search strategy in all databases is shown in
164 Supplementary file S1.

165 Deduplication was done using EndNote reference manager software, version x9 (Clarivate Analytics,
166 Philadelphia, PA, USA). After the de-duplication, the final records were imported into Rayyan – Qatar
167 Computing Institute Research (QCRI)⁴⁰ for screening and labeling.

168 ***Inclusion and exclusion criteria***

169 Inclusion criteria were: 1) speech-language teleintervention studies that were done live and remotely,
170 that is, real-time feedback during intervention sessions by a researcher or a clinician (herein referred
171 to as 'coach'), 2) targeting low-tech or high-tech AAC users, i.e., all AAC devices from 2D cards to eye-
172 tracking technology and BCI, excluding unaided AAC like the use of body parts to communicate, and
173 3) peer-reviewed journal publications. No restrictions were set on chronological age and clinical
174 diagnosis. Both Randomized Controlled Trials (RCT) and Non-randomized Studies of Interventions
175 (NRSI) were considered for inclusion because these most clearly represent the available literature. To
176 summarize following the PICO (population, intervention, comparator, outcome) principles, this
177 systematic review will focus on AAC users (P) receiving a tele-AAC intervention with real-time feedback
178 by a coach (I), which may be compared to a non-exposure control group, an in-person AAC
179 intervention or lack a comparator (C), aiming to improve communication competences (O).

180 Exclusion criteria were: 1) home-based interventions implemented by the parents of the AAC user
181 without real-time videoconferencing involvement of a coach during the intervention sessions, that is,
182 interventions in which parents were trained asynchronously through online modules before the start
183 of the intervention, 2) teleinterventions with no AAC device (such as vocal or verbal training for people
184 with aphasia or stroke).

185 ***Selection procedure***

186 The initial screening of titles and abstracts was done independently by two authors (SB and MK). Both
187 authors had separate password-protected access to Rayyan where a possibility is given to label records
188 as 'exclude', 'maybe', or 'include'. When in doubt, studies were included for full-text reading to ensure
189 that no relevant studies were excluded. Most of the non-English records had an abstract available in

190 English. The records without an English abstract were translated using Google Translate.^{41, 42} The initial
191 screening of titles and abstracts was discussed, and an agreement was reached regarding the included
192 records for full-text review. The procedure was then repeated. Both authors independently read the
193 full-text records, and each made an inclusion or exclusion decision. Google Translate was used to
194 translate the non-English records included for full-text review. Reference lists were manually searched
195 for any additional publications of interest. Any disagreement about the eligibility of the final records
196 to be included in the systematic review was resolved by a consensus meeting.

197 **Data extraction**

198 Data were extracted using an Excel spreadsheet, and it included: 1) study ID (title, author, year), 2)
199 participant characteristics (age, sex, diagnosis, AAC technology), 3) study characteristics: ((study
200 design, aims, study phases (baseline, intervention, follow-up), duration, interventionist, tele-
201 technology, outcome measures, statistical analyses, and funding sources)), and 4) results and
202 conclusions. Data extraction was done by one reviewer (SB) and thoroughly checked by a second
203 reviewer (TVC), followed by a discussion in which a 100% agreement was reached due to consensus-
204 building.

205 **Study quality appraisal and risk of bias assessment**

206 A methodological quality appraisal and a risk of bias (RoB) assessment were performed independently
207 by two authors (SB and MK) for each included study. A 100% agreement was reached as a result of
208 consensus-building.

209 Two separate tools were used to appraise the quality of evidence for the cohort study and the single-
210 case experimental design studies, respectively. The cohort study quality appraisal was done using the
211 modified version of Downs and Black's quality assessment checklist⁴³, which has shown a high internal
212 consistency, good test-retest and inter-rater reliability, and good face and criterion validity in non-
213 randomized studies.^{43, 44} The checklist includes 27 quality items across five subscales, including
214 reporting (n=10), external validity (n=3), internal validity-bias (n=7), internal validity-confounding
215 (n=6) and power (n=1). Out of the checklist, 25 quality items have a total possible score of 1, with
216 score 1 representing adequate quality and score 0 representing no adequate quality or quality unable
217 to be determined. The 26th item (item 5) has a total possible score of 2, and the 27th item (item 27) is
218 scored on a scale that ranges from 0 to 5. Thereby, the total possible score of the quality items is 32,
219 with a higher score indicating better methodological quality. Quality levels were used as reported by
220 Hooper et al.⁴⁵: excellent (26-32); good (20-25); fair (15-19); and poor (≤ 14). The methodological
221 appraisal of the single-case experimental design studies was done using the Single-Case Experimental
222 Design (SCED) Scale⁴⁶, an 11-item scale that has shown excellent inter-rater reliability using both
223 individual and consensus ratings.^{46, 47} The quality items included in the SCED Scale are: 1) clinical
224 history, 2) target behaviors, 3) study design, 4) sufficient baseline measures, 5) sampling behavior
225 during treatment, 6) raw data recorded, 7) inter-rater reliability, 8) independence of assessors, 9)
226 statistical analysis, 10) replication and 11) generalization. The maximum score of the SCED Scale is
227 10/10, indicating the highest methodological quality, whereas scores 0-4 indicate weak quality of
228 evidence, scores 5-7 indicate a moderate quality of evidence, and scores 8-10 indicate a high quality
229 of evidence. Quality items were scored using 1 as yes (present) and 0 as no (absent). In the SCED Scale,
230 question 1 (i.e., clinical history) does not contribute to the total score.

231 Depending on the study design, two separate tools were used to assess the RoB of the included
232 studies, that is, the Cochrane’s Risk of Bias in Non-randomized Studies-of Intervention (ROBINS-I)
233 assessment tool⁴⁸ and the Single-Case Design Risk of Bias (SCD RoB) tool⁴⁹. ROBINS-I assesses RoB
234 across eight domains, including bias due to confounding, selection of participants, classification of
235 interventions, deviations from intended interventions, missing data, measurement of outcomes, and
236 selection of the reported results. An overall RoB for each study can be low, moderate, serious, critical,
237 or no information. The SCD RoB is an adaptation of Cochrane’s RoB tool to specifically assess RoB in
238 studies with single-case experimental design. The SCD RoB tool assesses each study for: 1) selection
239 bias (sequence generation and participant selection), 2) performance bias (blinding of participants and
240 personnel, and procedural fidelity), and 3) detection bias (blinding of outcome assessors, selective
241 outcome reporting, dependent variable reliability and data sampling). The RoB for each of these
242 criteria is reported as low risk, unclear risk or high risk.

243 ***Data synthesis and reporting***

244 The small number of included studies and the heterogeneity in population, lack of consistent outcome
245 measures, and the small number of participants may preclude any meaningful meta-analysis and make
246 any results unhelpful for clinical practice. Therefore, a formal narrative synthesis was conducted using
247 the Synthesis Without Meta-analysis (SWiM) reporting guidelines.⁵⁰ Data was grouped based on
248 participant characteristics, study characteristics, and outcome measures. Standardized metrics were
249 explained for each outcome measure, and reporting of study findings was prioritized based on the
250 relevance of evidence pertaining to the review question, study appraisal quality, and/or risk of bias
251 assessment. Tables and graphs were used to present the findings. To facilitate comparisons, in-text
252 results are reported as percentages of the maximum score for each outcome measure, whereas the
253 tables contain the actual scores (as reported in the original studies).

254 **Results**

255 ***Search results***

256 References yielded during the database search and the subsequent stages of the review are
257 summarized in a PRISMA flow diagram (Figure 1). A total of 4718 records were identified (n=4637 in
258 English and n=81 in non-English) during the database search, and additional 35 records through other
259 sources (i.e., manually searched Google Scholar and reference lists). After de-duplication, the titles
260 and abstracts of 3628 records were screened, where 3524 (n=3465 in English and n=59 in non-English)
261 of these records were excluded. The remaining 104 records (n=93 in English and n=11 in non-English)
262 were retrieved for full-text review. After full-text review, 98 records were excluded due to lack of
263 teleinterventions and/or lack of AAC and/or SGD outcome measures. The excluded records and
264 corresponding justification are reported in Supplementary file S2. Six teleintervention studies⁵¹⁻⁵⁶ for
265 AAC users met the eligibility criteria for inclusion in this systematic review.

266 ***Participant characteristics***

267 Six studies included a total of 25 participants and were highly variable across diagnosis and age (Table
268 1). Out of the 25 participants, 12 (48%) were diagnosed with Amyotrophic Lateral Sclerosis (ALS), five
269 (20%) with ASD, two (8%) with Down Syndrome, and one participant each (24%) with Mitochondrial
270 Myopathy, Developmental Delay, Primary Later Sclerosis (PLS), Progressive Muscular Atrophy (PMA),
271 Schizencephaly, and Rett Syndrome. Age ranged from 3.5 years to 63.7±8.2 years, with 18 (72%) male

272 participants. Two studies^{51, 55} defined their participants with ‘significant expressive language deficits,’
273 but no reliable assessment scales were reported. Seven participants^{52, 53, 56} were assessed with low
274 adaptive levels based on the Vineland Adaptive Behavior Scales (VABS).⁵⁷ Four participants⁵² were
275 evaluated with the Behavioral Language Assessment Form (BLAF)⁵⁸, in which all four participants
276 scored 1 (i.e., the lowest score) in the receptive and conversation skills domains. Participants from the
277 teleBCI study⁵⁴ were assessed for severity of diagnosis (n=14 participants) using the ALS Functional
278 Rating Scale-Revised (ALSFRS-R)⁵⁹ and for cognitive and behavioral impairments (n=9) using the
279 Edinburgh Cognitive and Behavioral ALS Screen (ECAS)⁶⁰, based on which one participant had both
280 cognitive and behavioral impairments, and two additional participants showed only behavioral
281 impairments. The AAC technology used by the participants ranged from low-tech to high-tech and is
282 listed in Table 1.

283 **Study characteristics**

284 Five studies used a single-case experimental design^{51-53, 55, 56} and one was a cohort study.⁵⁴ Of the
285 single-case experimental design studies, two used an AB design^{51, 55}, two used an ABAB design with
286 returning baseline and intervention phases^{53, 56}, and one used an ABABC design⁵² with a follow-up one-
287 month post-intervention (Table 2). The cohort study used an AB design.⁵⁴ The duration of the studies
288 ranged between 9 and 69 sessions, from 30 minutes to 90 minutes per day, from 7 weeks to 23 weeks.
289 Intervention sessions were scheduled once a week^{54, 55}, 2-3 times a week⁵¹⁻⁵³, or daily⁵⁶, with training
290 organized either as a single session per day or as intermittent block sessions (i.e., mini-sessions spread
291 throughout the day). Two studies^{51, 52} delivered the teleintervention through an Active Consultation,
292 an indirect delivery strategy combining Bluetooth technology and videoconferencing software to
293 provide real-time feedback to the in-person interventionist. Two studies^{53, 56} focused on Functional
294 Communication Training (FCT) delivered via videoconferencing. FCT is defined as a behavioral therapy
295 for children with developmental disabilities which aims to teach an alternative and recognizable form
296 of communication (i.e., AAC, manual signs) as a substitute for an idiosyncratic response (i.e., unique
297 responses like tantrum, crying, reaching).^{61, 62} One study⁵⁵ compared both in-person and
298 teleintervention delivery method and one study⁵⁴ focused on BCI intervention delivered via
299 videoconferencing (i.e., teleBCI). Four studies⁵³⁻⁵⁶ delivered the teleintervention at the participant’s
300 home, one at a university room⁵¹, and one at the participant’s classroom⁵². The interventionists and
301 the teleintervention technology are described in Table 2.

302 **Outcome measures**

303 The outcome measures of each study are reported in Table 2.

304 Boisvert et al.⁵¹ reported the frequency count of the produced number of phrases and varied phrases
305 by both the pre-professional (a graduate student) and the participant. A phrase was defined as one
306 or more sequential symbol selections where each symbol represented a word. An increase in
307 frequency count by the pre-professional indicated increased support provided to the participant,
308 whereas an increase in frequency count by the participant indicated increased independent use of the
309 SGD. In addition, Boisvert et al.⁵¹ included a Likert-scale survey with six questions, aiming at exploring
310 the feasibility and social validity of the Active Consultation as a method to supervise and/or train. The
311 survey was filled in by the pre-professional after each intervention session.

312 The study by Carnett et al.⁵² included two intervention phases: Phase 1 aimed at increasing
313 participants' independent activation of SGD, whereas phase 2 aimed at independent activation of SGD
314 combined with a choice of preferred and non-preferred items to assess correspondence. The
315 dependent variable in both intervention phases was the frequency of independent SGD activations by
316 pressing the symbol to activate the synthesized speech. Carnett et al.⁵² reported teacher's fidelity to
317 the communication interventions, defined by the frequency of independent use of eight teaching
318 procedures during the intervention sessions, such as assessment of each participant for preferred
319 items, ensuring the SGD is programmed with the corresponding item, using most-to-least prompting,
320 and others. Interobserver agreement was calculated for 40% of the baseline data, and 30-33% of the
321 videotaped intervention sessions. Satisfaction with the teleintervention was assessed using the
322 Treatment Acceptability Rating Form-Revised (TARF-R)⁶³, a 20-item rating questionnaire adapted to
323 include telehealth components, filled in by the teachers pre- and post-intervention.

324 Dimian et al.⁵³ identified *play*, *help*, and *break* as contexts for both participants to train an independent
325 use of superordinate and subordinate page-sets in their SGD. Superordinate pages refer to grouping
326 vocabulary in the SGD based on mutual characteristics such as food or play. After selecting one group
327 (for example, food), a subordinate page appears with more symbols/choices corresponding to the
328 respective vocabulary group (for example, drinks or snacks). Authors reported the frequency of
329 idiosyncratic responses (i.e., reaching or pointing, tantrum, vocalizations, pulling away, and others)
330 and the frequency of AAC symbol production that produced a voice output message. In addition,
331 authors reported the caregivers' fidelity to communication interventions, defined by the frequency of
332 correctly using predefined coaching strategies. Interobserver agreement was calculated for at least
333 35-40% of all videotaped sessions. Satisfaction with the teleintervention (i.e., social validity ratings of
334 the interventions) was assessed using the TARF-R.

335 Geronimo and Simmons⁵⁴ used videoconferencing (i.e., teleBCI) as a delivery method of training,
336 looking at communication accuracy (i.e., >70% correct selections of randomly chosen words from a
337 predefined word bank) and selection bit rate (i.e., derived from bits per selection and divided by trial
338 length). Authors also reported the progress from the use of "training program" with pre-determined
339 words/phrases to "notepad speller", in which the participants could spell their own words/phrases. In
340 addition, Geronimo and Simmons⁵⁴ reported the Assistive Technology Device Predisposition
341 Assessment (ATDPA) form of the Matching Person and Technology (MTP) assessment⁶⁴, filled in by the
342 participants' support network at the first and last session. ATDPA aimed to explore the functionality
343 of the tele-BCI to the user's communication needs in 12 domains, rated on a 1-5 scale, with a total
344 score of 60 indicating maximum expected benefit.

345 Hall et al.⁵⁵ explored training of grammatical morphemes *ed*, *ing*, and *plural-s* to an SGD user through
346 two delivery methods: 1) in-person AAC intervention and 2) teleintervention via videoconferencing.
347 The dependent variables in the study were the frequency of correct use of the grammatical
348 morphemes and the frequency of each morpheme's use between prompted and independent
349 responses. The independent variables were the method of service delivery, that is, in-person AAC
350 intervention service and teleintervention.

351 Simacek et al.⁵⁶ identified three different meaningful contexts per participant (described in Table 3),
352 aiming at providing differential reinforcement for an AAC request in the identified communicative
353 contexts. Similar to Dimian et al.,⁵³ authors reported the frequency of idiosyncratic responses (i.e.,

354 reaching, clapping, tantrums, hitting the tray, and others) and the frequency of AAC responses, such
355 as touching a microswitch to activate voice output. In addition, authors reported the caregivers'
356 fidelity to study procedures, defined by the frequency of correctly following six and seven predefined
357 steps for the baseline and the teleintervention, respectively. Interobserver agreement was coded for
358 25-30% of randomly selected videotaped sessions. Satisfaction with the teleintervention was assessed
359 using the TARF-R, a questionnaire consisting of 17 items related to parent's perception of acceptability
360 and 3 items related to parent's perception of the problem. The TARF-R was slightly modified to include
361 the term "communication".

362 ***Study quality appraisal and risk of bias assessment***

363 The Downs and Black's checklist is shown in Supplementary file S3, and the SCED Scale is in
364 Supplementary file S4. The ROBINS-I assessment is shown in Supplementary file S5, and the SCD RoB
365 tool is in Supplementary file S6.

366 The quality of evidence (Downs and Black's checklist) of the Geronimo and Simmons cohort study⁵⁴
367 was rated as fair with 17 points out of the maximum 32. The lowest quality in this study seems to be
368 in the external validity and the internal validity-confounding (selection bias), whereas the study scored
369 the highest in statistical power (5/5). For the latter (item 27 "power"), the highest possible score of 5
370 is given to studies with n8+ (i.e., a sample size consisting of more than eight participants). The study
371 by Geronimo and Simmons⁵⁴ included 14 participants, therefore scoring 5/5 in statistical power. Based
372 on the ROBINS-I, the cohort study had a 'serious RoB', which indicates the presence of important
373 methodological issues, mainly due to serious RoB in the measurement of outcomes post-intervention.

374 The quality of evidence (SCED Scale) of the single-case experimental design studies ranged from 3/10
375 to 8/10, indicating a weak to high quality of evidence. Boisvert et al.⁵¹ and Hall et al.⁵⁵ showed weak
376 quality of evidence with the lowest scores in inter-rater reliability, independence of assessors,
377 replication, and generalization. Dimian et al.,⁵³ Simacek et al.,⁵⁶ and Carnett et al.⁵² showed moderate
378 quality of evidence with the lowest scores in the independence of assessors, statistical analysis, and
379 generalization. All single-case experimental design studies scored maximum in target behavior and
380 zero in the independence of assessors and generalization. Based on the SCD RoB, the lowest RoB in all
381 included studies was seen in the participant selection and selective outcome reporting. In contrast,
382 the highest RoB was seen in the blinding of participants and personnel and the blinding of outcome
383 assessors.

384 ***Synthesis of results***

385 *Active Consultation*

386 Two studies^{51, 52} delivered the teleintervention through Active Consultation, with pre-
387 professional/teachers serving as interventionists and senior-professional/researchers as coaches to
388 the interventionists. During the intervention sessions, the coaches gave real-time feedback to the
389 interventionists using a Bluetooth connection while simultaneously observing the session via
390 videoconferencing. Results are presented by outcome measure in Table 3.

391 Boisvert et al.⁵¹ implemented an evidence-based intervention strategy known as aided language
392 stimulation/modeling. Aided language stimulation is a strategy in which communication partners

393 model language and communication to the child by using the same AAC device used during their
394 interactions.⁶⁵ During the first training session (S1), a total of 129 phrases and 4 varied phrases were
395 produced. The pre-professional produced 65.9% of the total number of phrases and 50% of the total
396 number of varied phrases, whereas the participant independently produced 34.1% of the total
397 number of phrases and 50% of the total number of varied phrases. During the last training session
398 (S8), a total of 124 phrases and 54 varied phrases were produced, from which the pre-professional
399 produced 15.3% of the total number of phrases and 24.1% of the total number of the varied phrases,
400 while the participant produced 84.7% and 75.9%, respectively.

401 The teleintervention by Carnett et al.⁵² is grounded on behavioral skills training, an effective method
402 where specific responses are taught using instructions, modeling, and rehearsal with feedback.⁵²
403 Results showed a trend of increased fidelity and SGD independence when the recurring intervention
404 phases were introduced and an overall decrease in both fidelity and independence during the return
405 to baseline. That is, the average fidelity increased by 69% from the first baseline to the first
406 intervention phase, which then decreased by 46% during the second baseline, and lastly increased by
407 47% during the second intervention phase. Similarly, the average SGD independence increased by 72%
408 from the first baseline to the first intervention phase, with a decrease of 66% during the second
409 baseline, and lastly an increase of 68% during the second intervention phase. Improvements were
410 retained during the 1-month follow-up with an average of 94% in both fidelity and SGD independence.

411 *Functional Communication Training*

412 Two studies^{53, 56} focused on FCT as a training method to substitute idiosyncratic communication
413 responses with AAC responses, which was implemented by the parents with real-time feedback by the
414 researchers via videoconferencing. The FCT was individualized for each participant using Structured
415 Descriptive Assessment (SDA) and Functional Assessment (FA) to identify three contexts in which
416 participants used idiosyncratic responses instead of their AAC devices.

417 Overall, results by Dimian et al.⁵³ show a decrease in idiosyncratic responses and, consequently, an
418 increase in independent AAC responses once the FCT was introduced. Over the three contexts, the
419 first participant decreased their idiosyncratic responses on average from 30% (first baseline) to 6%
420 (first FCT), while the AAC responses increased from 0.2% to 15%, respectively. Only the *play* context
421 had an additional return to baseline and a reoccurring FCT phase. Similarly, the AAC responses
422 increased from 0% to 19%, then decreased to 4% during the second baseline and increased again to
423 15% during the second FCT. For the second participant, only the independent AAC responses were
424 reported, which showed an average increase over three contexts from 13% (first baseline) to 43%
425 during the first FCT. Similarly, only the *play* context had a return to baseline and additional two FCTs
426 in which the SGD page-set was adapted by increasing the size of the symbols and optimizing their
427 position to facilitate the participant's visual impairment. The results for this context showed a
428 decrease from the first baseline to the first FCT (24% to 12%), with an increase during the return to
429 the second baseline (49%) and a further increase to 80% and 91% of independent AAC responses once
430 the page-set was optimized (second and third FCT respectively).

431 Over the three contexts identified by Simacek et al.⁵⁶, the first participant showed an average decrease
432 of idiosyncratic responses from 33% (first baseline) to 9% (first FCT) and increased AAC responses from
433 1% to 44%, respectively. In the first context (*snack/drink*), the AAC responses increased from 1% to

434 34% (first FCT), further increasing by 9% during the second baseline and then by 12% during the second
435 FCT. The second participant showed an average decrease (over the three contexts) of idiosyncratic
436 responses from 90% to 31% (first FCT), with an increase in AAC responses from 14% to 63%,
437 respectively. During the first context (*food/drink*), a second FCT with 'time-delay' followed the first
438 FCT (without time-delay), followed by a return to a second baseline and a third FCT (without time-
439 delay). Results showed an increase of independent AAC responses by 38% from the first baseline to
440 the first FCT, which increased by 48% once 'time delay was introduced'. Furthermore, the AAC
441 responses decreased by 63% during the return to baseline and increased by 38% during the last FCT.
442 Similarly, over the three contexts, the third participant showed an average decrease in idiosyncratic
443 responses from 38% (first baseline) to 9% (first FCT) and, consequently, an increase in AAC responses
444 from 7% to 41%, respectively. In the first context (*food in a highchair*), the independent AAC responses
445 decreased by 52% from the first FCT to the second baseline and then increased by 19% from the
446 second baseline to the second FCT.

447 *TeleBCI*

448 Results by Geronimo and Simmons⁵⁴ suggest that overall, there was an increase of 22% in
449 communication accuracy from baseline to intervention and an increase of 2.8 bits per minute from
450 baseline to intervention. Furthermore, by the end of the intervention, nine of the participants
451 progressed to the "notepad speller" for at least one intervention session. This progress was made
452 after achieving 100% accuracy in the "training program". On average, the "notepad speller" was used
453 46.8% for text-to-speech, 63.5% for text prediction, and 41.3% for prepared text functions.

454 *In-person vs. Teleintervention*

455 Results by Hall et al.⁵⁵ show that accuracy increased on average from 3% (baseline) to 79% (in-person)
456 to 100% (teleintervention), with a statistically non-significant difference between delivery methods.
457 During the in-person intervention, half of the responses were independent (52%), whereas, during
458 teleintervention, the independent responses rose to 95%, a statistically significant difference.

459 *Procedural modifications*

460 Procedural modifications refer to all the changes implemented during the intervention to improve
461 previously reported outcomes.

462 Carnett et al.,⁵² implemented procedural modifications during the second intervention phase for a
463 participant who was not engaging in adequate eye gaze use of his AAC device. These modifications
464 were done by adding a blank symbol that played the role of a distractor icon without synthesizing
465 speech and by instructing their teacher to give vocal "look" prompts whenever the participant failed
466 to gaze at the correct symbol on the screen. With these procedural modifications, teachers' fidelity
467 remained the same as before the modifications (93%), while the participant's independent use of SGD
468 increased from 23% (without "look" prompt) to 100% (with "look" prompt). Dimian et al.⁵³
469 implemented procedural modifications during the initial phases of the intervention for a participant
470 with visual impairments to increase accuracy while selecting symbols on the screen. Modifications
471 were made to the page set by increasing the size of the symbols and optimizing their position on the
472 screen. Before the procedural modifications, the independent responses ranged between 0-100%,
473 whereas, after the procedural modifications, they ranged between 60-100%. In the study by Geronimo

474 and Simmons⁵⁴, two participants switched from the visual- to the audio version of the P300 speller
475 because of ineffective visual evoked responses, which switch assisted the progress from the basic
476 speller to the notepad speller (i.e., one of the main aims of the teleintervention).

477 *Satisfaction with teleintervention*

478 Five studies^{51-54, 56} explored satisfaction with teleintervention and treatment acceptability. Overall,
479 results show high fidelity during the intervention phases, with an average of 93% across studies. The
480 pre-professional⁵¹ reported an average satisfaction with Active Consultation as a service delivery
481 method of 4.8/5 across the eight training sessions. In the study by Geronimo and Simmons⁵⁴, the
482 ATDPA decreased by 5.2% from the first to the last training session. This decrease is attributed to the
483 perceived device burden, i.e., BCI fitting into a routine, having the stamina to use BCI, having the
484 necessary support, and fitting in the home. Carnett et al.⁵² reported an average decrease of 0.25 from
485 pre-TARF-R (4.17) to post-TARF-R (3.92), indicating a decline in satisfaction that was attributed to the
486 possibility that the intervention interfered with daily routines (i.e., a barrier to skill maintenance in
487 practical settings). Dimian et al.⁵³ and Simacek et al.⁵⁶ assessed the TARF-R only post-intervention and
488 reported it as “highly acceptable” treatment rating.

489 **Discussion**

490 Teleinterventions show potential as an effective method for healthcare delivery that may also help
491 optimize SLP intervention outcomes for underserved populations. This is an important issue that was
492 further highlighted by the Covid-19 pandemic. This systematic review synthesized the existing
493 evidence about tele-AAC interventions delivered to the AAC user via videoconferencing.

494 Six tele-AAC interventions were provided to twenty-five AAC users with a wide range in age and types
495 of AAC technology and various clinical diagnoses. Overall, the current systematic review may indicate
496 the possibility of implementing tele-AAC interventions with AAC users of different ages and abilities,
497 from non-tech to high-tech AAC devices. However, it is essential to emphasize that five of the included
498 studies are single-case experimental design studies that tailored each tele-AAC intervention to the
499 users’ abilities and communication needs, making the generalization of the results challenging. All
500 participants underwent a functional assessment before the intervention, which is a critical step to
501 inform the unique communication challenges they each face and thereby maximize the tele-AAC
502 intervention's efficiency. Furthermore, procedural modifications during the intervention itself may be
503 necessary for AAC users with more severe limitations, which is something to consider when setting up
504 a tele-AAC intervention. Severe visual impairments seem to be one of the main reasons for requiring
505 these procedural modifications.⁵²⁻⁵⁴ For a participant with severe visual impairments⁵², incorporating
506 a verbal ‘look prompt’ during the second intervention phase increased the independent SGD use by
507 73% compared to the intervention phase without the verbal ‘look prompt’. Similarly, a participant
508 with visual impairments⁵³ increased their AAC responses by 28% once the screen layout was adapted
509 by optimizing the placements of the icons. Additional two participants⁵⁴ switched from the visual- to
510 the audio version of the P300 speller because of ineffective visual evoked responses, which switch
511 assisted the progress from the basic speller to the notepad speller.

512 The interventionists in the included studies were pre-professional⁵¹, teachers⁵², parents^{53, 55, 56}, and
513 other communication partners⁵⁴. Carnett et al.,⁵² was the only study that implemented a pre-
514 intervention video training module to coach the interventionists on the delivery of the intervention,

515 plausibly because it involved Active Consultation as a delivery method. Geronimo and Simmons⁵⁴
516 included a home visit before the start of the training sessions in which the highly complex teleBCI set-
517 up was explained to the communication partners. Thus, five studies^{51, 53-56} did not include any pre-
518 intervention coaching, which may be for two reasons. First, the teleintervention was delivered in a
519 synchronous manner⁵³⁻⁵⁶ that included real-time coaching and guidance. Second, most of the studies⁵¹⁻
520 ^{54, 56} included outcome measures to explore the interventionists' fidelity to study procedures, hence
521 their performance being measured alongside the performance of the AAC user. Overall, results show
522 high fidelity during the intervention phases, with an average of 93% across studies. A decrease in
523 fidelity is seen during the return to baseline (after completing an intervention phase), which may
524 indicate the importance of continued support to communication partners. Previous literature also
525 suggests that coaching by researchers or clinicians ensures better implementation of home training
526 for AAC users as it helps communication partners gain confidence to support the AAC users, leading
527 to improvements in expressive communication and initiation of communication.^{66, 67} A systematic
528 review on parent-implemented interventions reported the majority of their studies lacked
529 information on the implementation fidelity during follow-ups.⁶⁷ In the current systematic review, only
530 one study⁵² reported a high fidelity maintained during a one-month follow-up, making it difficult to
531 conclude whether implementation fidelity is retained once the tele-AAC live coaching is faded. Given
532 its apparent importance, future research is strongly encouraged to explore the implemented fidelity
533 in tele-AAC interventions after the real-time feedback is removed.

534 Based on the delivered training, the tele-AAC interventions were categorized as Active Consultation^{51,}
535 ⁵², FCT^{53,56}, teleBCI⁵⁴, and a teleintervention compared to an in-person intervention⁵⁵. Due to the small
536 number of participants and the methodological limitations, the results warrant a cautious
537 interpretation. Nonetheless, some important insights may be derived as the included studies offer an
538 in-depth understanding of tele-AAC interventions delivered in a real-life and real-time context.⁶⁸

539 Active Consultation is the most intensive form of indirect teleservices best suited for novice
540 professionals with limited AAC experience and for communication partners who are new to using and
541 implementing AAC.⁶⁹ As a supervisory model, Active Consultation effectively increased the
542 independent use of SGDs, which was also retained during a one-month follow-up.⁵² It is worth noting
543 that while the pre-professional⁵¹ reported high satisfaction with the delivery method, this was not the
544 case for the teachers.⁵² Teachers reported lower treatment acceptability, likely due to interference
545 with daily routines and barriers to skill maintenance in practical settings. Considering the importance
546 of providing training to novice SLP staff and communication partners in successfully implementing AAC
547 devices, Active Consultation may be the most beneficial coaching method to mitigate any issues with
548 location or personnel shortages while ensuring communication benefits to the AAC user.⁵¹ The
549 number of dyads in these studies is very low and warrants a cautious interpretation of the results.
550 Thus, future research with sufficient statistical power is strongly encouraged to confirm the benefits
551 of Active Consultation as a coaching method in implementing AAC devices.

552 FCT is a successful evidence-based approach to replacing inappropriate or challenging behavior with
553 an appropriate communicative response.⁶¹ TeleFCT in the included studies^{53, 56} were delivered by
554 parents to five non-verbal participants. The main aim was to decrease idiosyncratic behavior and
555 increase independent AAC responses. Overall, teleFCT was successful for all participants in their three
556 individual challenging contexts. This effectiveness is particularly evident in the increased AAC

557 responses during the return to baseline compared to the first baseline, as well as a continuous increase
558 of AAC responses from one intervention phase to the other. FCT, in general, requires prior assessment
559 of unique, challenging behaviors which guide the intervention. Thus, it seems that teleFCT needs to
560 be implemented on a case-by-case basis, increasing confidence in the reported results of the included
561 studies. A very high implementation fidelity to study procedures was reported in both teleFCT studies,
562 which is also supported by previous research.^{70, 71} In addition, teleFCT was highly acceptable as a
563 treatment method by all five parents, thereby providing an overall good treatment option for both
564 the parents and the users.

565 Combined eye-tracking and BCI devices (i.e., hybrid BCI) are widely used by ALS patients and other
566 patients with severe motor impairments (e.g., locked-in syndrome), allowing them to access
567 computers through brain activity without muscle contribution.⁷² Eye-tracking alone seems to be a
568 good option in the early stages of ALS when the eye-gaze fatigue and oculomotor impairments are
569 less severe, whereas, during the late stages of ALS, the BCI is added to facilitate the use of computers
570 for communication.⁷² Based on previous research, the most severely disabled people with ALS benefit
571 from the P300-based home systems, which assist communication by producing cued and spontaneous
572 text.^{73, 74} As such, teleBCIs⁷⁰ may be the best option to offer training to late-stage ALS patients who
573 cannot otherwise interact with a clinical team due to their severe motor limitations.⁵⁴ Geronimo and
574 Simmons⁵⁴ reported an increase in both accuracy and bit rate per minute once the teleBCI intervention
575 was introduced. In addition, nine of the participants were able to progress from the basic speller to
576 the notepad speller, which allowed them free spelling and production of new words and phrases. Such
577 progress was reported as critical to device usability, which was, in hindsight, associated with increased
578 confidence and capability and perceived benefit of the device.⁵⁴ In spite of the overall positive impact
579 on communication, the teleBCI seems to be the most difficult tele-AAC intervention to implement.
580 The study reports numerous technical issues (such as with the electrode cap or the eye-tracking
581 software) that required the coaches to physically visit the participants and facilitate the further
582 continuation of training sessions. This may pose a significant challenge in other contexts when the
583 clinical team cannot assist due to issues like location or personnel shortage. Training the
584 communication partners of the teleBCI users seems to be a plausible solution to mitigate some of
585 these technical issues as they can assist in properly setting up the system for use. This is also supported
586 by the reported increase in confidence in supporting the teleBCI user and decreased burden over
587 time.⁵⁴ There is a need for future research in teleBCI to increase more in-depth insights into
588 successfully implementing it, whereas it seems that also, in general, there is a lack of BCI studies with
589 an experimental design when compared to theoretical research, which covers around 70% of BCI
590 literature.⁷⁵

591 Hall et al.⁵⁵ compared the effectiveness of an AAC intervention delivered in-person and through
592 videoconferencing. Results showed a significant increase in independent SGD responses during the
593 tele-AAC intervention compared to the in-person intervention. In addition to its single-case
594 experimental design with weak quality of evidence, the tele-AAC intervention was implemented
595 immediately after the in-person training without any wash-out period. Thereby, the overall
596 effectiveness of the communication training and the comparison between the two delivery methods
597 is impossible to determine. Thus, there is a need for larger-scale future studies to explore the
598 differences between tele-AAC and in-person AAC interventions. Focusing on a context broader than
599 SLP, a recent review⁷⁶ on telerehabilitation in children with disabilities reported that teleinterventions

600 might be as effective as in-person interventions. Similar studies reporting differences between the
601 two delivery methods in SLP are mostly limited to speech-sound disorders.^{77, 78} Speech-sound
602 disorders differ from the populations described in the current systematic review, thereby highlighting
603 the need for future research comparing both delivery methods for AAC interventions specifically.

604 **Limitations and directions for future research**

605 The strength of this systematic review is the choice of appropriate tools to assess methodological
606 quality and RoB based on the study design of each study and the thorough search strategy, including
607 both English and non-English literature. Nonetheless, the included studies warrant some critical
608 reflections. The overall quality of evidence is weak to moderate, and the RoB is high. This may stem
609 from the fact that five of the included studies^{51-53, 55, 56} had a single-case experimental design which is
610 a rather weak experimental design. Thereby, the results are not representative and generalizable to
611 the specific clinical populations, lacking scientific rigor and increasing the likelihood of biased
612 interpretation of the data.^{68, 79} Such is the case with the high RoB in blinding participants, personnel,
613 or outcome assessors which seems to be a methodological issue in most single-case experimental
614 design studies.⁴⁹ In addition, studies did not include a control group, preferably one receiving an in-
615 person intervention. This is crucial to establish teleintervention effectiveness as it enables any
616 improvements to be attributed to the intervention itself, thus strengthening the validity and credibility
617 of the findings.⁸⁰ Most of the included studies^{51, 53-56} lacked a follow-up, which is a significant limitation
618 as it is impossible to judge whether the improvements seen during the intensive training were retained
619 by the AAC users after the real-time feedback was removed. Completeness of follow-up is essential as
620 it determines the validity of study findings and provides valuable information about the long-term
621 benefits of the interventions.^{81, 82} Power analysis was not feasible to report for most of the studies
622 (i.e., SCED), thus making it challenging to determine the statistical and clinical relevance of their
623 outcome measures. The only cohort study of this systematic review received the highest possible
624 score in statistical power, based on the inclusion of 14 participants. Downs and Black's checklist⁴³ gives
625 the highest possible score to studies including more than eight participants, which raises some doubts
626 about whether the checklist is too lenient when scoring statistical power based on sample size.
627 Furthermore, authors⁴³ do acknowledge that the "power" item had poor reliability (warranting further
628 attention) and is inevitably topic sensitive with regards to the sample size required for a statistically
629 and clinically meaningful result. In general, future studies on tele-AAC interventions with larger sample
630 sizes and more robust methodology are recommended to allow the generalization of results and
631 increased confidence in the benefits of tele-AAC interventions for AAC users with different clinical
632 diagnoses and unique communication needs. Interrater agreement data were not collected and
633 reported in the current systematic review. However, two raters independently judged the inclusion
634 and exclusion of the studies finalized through consensus-building discussions. Inevitably, studies
635 brought together in a systematic review will present some extent of heterogeneity, be it clinical,
636 methodological, or statistical.⁸³ Given the different clinical diagnoses (disease severity, comorbidities)
637 and age range of the included participants, or timing of outcome measurements, this systematic
638 review may present some clinical heterogeneity.⁸⁴ Consequently, to facilitate clinical interpretation,
639 results were reported in a narrative synthesis. Since most of the included studies were single-case
640 experimental design studies with comparable RoB, there appears to be no significant methodological
641 heterogeneity.⁸⁴ Similarly, there seems to be no considerable variability in the intervention effects
642 being evaluated (i.e., statistical heterogeneity)^{83, 85} as there is consistency in the results of the included
643 studies, that is, studies reported that increased communication competencies were associated with

644 the tele-AAC interventions. Overall, this systematic review followed the good scholarship principles as
645 described in the AMSTAR-2, which gives confidence that the quality of assessment is high, and the
646 included studies were evaluated and reported appropriately.⁸⁶

647 **Conclusions**

648 In spite of several limitations in the methodological quality of the included studies, overall findings
649 suggest that tele-AAC interventions are potentially feasible and effective on a case-to-case basis, given
650 that the majority of the intervention aims were achieved after the training sessions, resulting in overall
651 high satisfaction with the method of the service delivery. This systematic review synthesized insights
652 from four different tele-AAC interventions, namely Active Consultation, FCT, tele-BCI, and tele-AAC
653 compared to in-person intervention. The general aim is to assist the clinical practice with evidence-
654 based knowledge to identify which method of intervention would be more beneficial to each AAC
655 user. To the best of the researchers' knowledge, this is the first review that synthesized the existing
656 evidence on teleinterventions provided directly to the AAC user by researchers and/or clinicians and
657 may thus strengthen the design and methodological quality of future studies in this particular field.

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661 **Supporting information**

662 S1: Search strategy

663 S2: Excluded full text journal articles with justification

664 S3: Quality appraisal of evidence – Downs and Black’s checklist

665 S4: Quality appraisal of evidence – SCED Scale

666 S5: Risk of bias – ROBINS-I

667 S6: Risk of bias – SCD RoB

668 **Data availability statement**

669 The data that support the findings of this study are available from the corresponding author upon
670 reasonable request.

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Table 1. Summary of studies – participant characteristics

Study	Participant characteristics					
	Sample size	Diagnosis	Sex (m:f)	Age (years or mean±SD)	Functional profile assessment	AAC technology
Boisvert et al., 2012	n=1	ASD	1:0	11	Significant expressive language deficits	iPad with a voice output application which converted it into SGD
Carnett et al., 2020	n=4	Mitochondrial myopathy (n=1), ASD (n=1), Down syndrome (n=2)	3:1	15, 18, 20, 22	VABS; BLAF	iPad equipped with the speech synthesizing software GOTALK NOW Tobii Dynavox I-12 eye tracker
Dimian et al., 2018	n=2	ASD (n=1); Developmental delay (n=1)	2:0	5.5, 7	FAI; VABS; SDA; FAI	Tobias Dynavox T10 touch-screen with Tobii Dynavox Compass Software
Geronimo and Simmons., 2020	n=14	ALS (n=12); PLS (n=1); PMA (n=1)	10:4	63.7 ±8.2	ECAS; ALSFRS-R	P300 Speller with 2 online spelling systems
Hall et al., 2014	n=1	Schizencephaly	1:0	7	Significant expressive language deficits	Vantage Plus AAC device
Simacek et al., 2017	n=3	ASD (n=2); Rett syndrome (n=1)	0:3	3.5, 3.5, 4	FAI; VABS; SDA; FAI	Go Talk SGD ASL signs 2D picture cards Bigmack micro-switch with voice output

ASD, Autism Spectrum Disorder; ALS, Amyotrophic Lateral Sclerosis; PLS, Primary Lateral Sclerosis; PMA, Progressive Muscular Atrophy; AAC, Augmentative and Alternative Communication; SGD, speech-generating device; ASL, American Sign Language; SD, standard deviation; VABS, Vineland Adaptive Behavior Scale - semi-structured interview to measure adaptive behavior and support the diagnosis of intellectual and developmental disabilities, autism, and developmental delays; BALF, Behavioral Language Assessment Form - determines where to start a language intervention program based on person's skills; FAI, Functional Assessment Interview – used to gather information in a structured manner; SDA, Structured Descriptive Assessment - uses principles of applied behavior analysis to describe the causes and consequences of a given behavior; FA, Functional Assessment - observing and analyzing behaviors within naturally occurring everyday routines and activities across multiple situations and settings; ECAS, Edinburgh Cognitive and Behavioral ALS Screen - to assess cognitive and behavioral changes common in patients with ALS; ALSFRS-R; ALS Functional Rating Scale – Revised - to establish baseline severity at diagnosis and to assess disease progression over time

Table 2. Summary of studies – study characteristics

Study	Study characteristics									Reported funding
	Design	Baseline	Intervention	Follow-up	Duration of study	Interventionist	Place of intervention	Teleintervention technology	Outcome measure	
Boisvert et al., 2012	Single-case experimental design	Video observation, no SGD used	Active Consultation Production of phrases and varied phrases	N/A	10 weeks, 1 session per week; 60 min/day (2A+8B)	Senior- and pre-professional	University room	Marchal 8.4" high-resolution LCD monitor; Bluetooth headset connected to a cellular phone; Sony Cybershot camcorder with a built-in microphone	Frequency count of produced phrases and varied phrases Satisfaction with the Active Consultation using a Likert-scale survey	U.S. Department of Education, Office of Special Education and Rehabilitative Services (CFDA 84.325D, H325D080042)
Carnett et al., 2020	Single-case experimental design	10-minute recording and observation	Active Consultation SGD picture symbols of preferred and non-preferred items	1-month follow-up	CS1=32 sessions (5A+12B+5A+7B+3C) CS2=30 sessions (5B+6A+8B+5A+3B+3C) CS3=27 sessions (5A+8B+5A+6B+3C) CS4=31 sessions (11B+5A+8B+6D)	Telecoaches Teachers	Classroom	Laptop or iPad; Jabra Stealth Bluetooth Headset; SCREEN CAST-O-MATIC session recorder Videoconferencing platform: VSEE	Frequency of independent activation of SGD by (1) pressing the symbol that activates the synthesized speech and (2) activation of the SGD within a predefined context (i.e., corresponding to a specific item) Teacher fidelity to communication teleinterventions Interobserver agreement calculated for	No external funding

									40% of baseline data and 30-33% of intervention data	
									TARF-R – a 20-item rating scale adapted to include telehealth components evaluating treatment acceptability	
Dimian et al., 2018	Single-case experimental design	3-minute recording to identify tantrums, idiosyncratic behavior, spoken word comprehension	FCT to teach functionally equivalent replacement behavior in the form of AAC Navigation between a superordinate and a subordinate page set	N/A	CS1=7 weeks, 142 3-min sessions (2-3x a week, 30min/day) CS2=23 weeks, 89 5-trial block sessions (3x a week, 30min/day)	Telecoaches Parents	Participant's home	Dell OPTiPlex 3010 Desktop computer with a Dell 24" monitor and a Logitech HD ProWebcam C920; Polaroid 8" Heavy Duty Mini Tripod, Logitech ClearChatComfort/USB Headset H390; Debut screen-recording software Video conferencing platform: Google Hangout	Frequency of AAC symbol production (i.e., accurate activation of a symbol that produced a voice output message during three meaningful contexts identified per participant) compared to idiosyncratic behaviour (i.e., reaching, pointing, tantrum). Procedural fidelity to communication teleinterventions	Grant T73MC12835-03-00 from the Maternal & Child Health Bureau (MCHB) of the US Department of Health and Human Services

									Interobserver agreement calculated for 35-40% of all sessions TARF-R – rating scale to evaluate treatment acceptability	
Geronimo and Simmons, 2020	Cohort study	Initial session, home visit to assess visual evoked responses	Progress from training program to notepad speller	N/A	9 sessions, 60-90min/day N=1 baseline/home visit N=8 teleBCI sessions	Telecoaches Communication partners	Participant's home	Windows 10-based laptop with integrated mic and webcam A second patient-facing monitor with a mounted Tobii eyeFx eye-tracking bar; 8-channel g.Nautilus cap with gelled Scarabeo electrodes; Videoconferencing platform: Adobe Connect	Communication accuracy and effective bit rate ATDPA – rates the functionality of the device to user's communication needs in 12 domains, rated on 1-5 scale, with a total score of 60 indicating maximum expected benefit.	ALS Association Clinical Management grant 17-CM-325; Grants UL1TR000127 and UL1TR002014
Hall et al., 2014	Single-case experimental design	Frequency of generating and using morphemes <i>ing, ed, plural-s</i>	Grammatical morpheme intervention	N/A	12 sessions, 60min/day (4A+4Ba+4Bb)	Telecoach Parent	Participant's home	Hewlett-Packard (HP) TouchSmart tx2 and Dell Pavillion dv6 computer; Videoconferencing platform: Skype	(1) Frequency of generating three grammatical morphemes <i>ing, ed, plural-s</i> and (2) frequency of each morpheme's use	U.S. Department of Education Office of Special Education Programs (H325D080042).

									Method of service delivery (in-person and telepractice) using Tau-U statistics	
Simacek et al., 2017	Single-case experimental design	Occurrence of idiosyncratic responses, AAC present but no prompts to use it	FCT to teach functionally equivalent replacement behavior in the form of AAC	N/A	7 sessions; 30 min/day across three contexts CS1=37 5-min sessions per context; 16 days CS2=126 3-trial block sessions per context; 18 days CS3=37 5-min sessions per context; 16 days	Telecoaches Parents	Participant's home	Dell OptiPlex 3010 Desktop with Dell 24" monitor, Logitech HD Pro Webcam C920; Logitech ClearChat Comfort/USB Headset H390; Polaroid 8" Heavy Duty Mini Tripod Videoconferencing platform: Google Hangout	Frequency of AAC symbol production (i.e., accurate activation of a symbol that produced a voice output message during three meaningful contexts identified per participant) compared to idiosyncratic behaviour (i.e., reaching, clapping, tantrum). Procedural fidelity to the communication teleinterventions Interobserver agreement calculated for 25-30% of randomly selected sessions TARF-R – a 21-item rating	NIH/NICHHD, Grant No. 44763

										scale to measure parent's perception of acceptability and parent's perception of the severity of the problem; modified to include the term "communication"
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A, baseline; B, intervention, C, follow-up, D, procedural modifications; Ba, intervention in-person; Bb, teleintervention; FCT, Functional Communication Training; BCI, Brain-Computer Interface; N/A, not applicable; min/day, minutes per day; TARF-R, Treatment Acceptability Rating Form-Revised; ATDPA, Assistive Technology Device Predisposition Assessment

Table 3. Outcome measures and results

Study	Outcome		Baseline (A) Mean (SD) [range]		Intervention (B) Mean (SD) [range]			Conclusion			
			Pre-professional	User	Pre-professional	User					
Boisvert et al., 2012	Use of SGD	Nr of phrases	0	0	42.3 (20.5) [19-85] C-index=0.541; p=0.039	73.4 (24.9) [44-105] C-index=0.513; p=0.048		A significant trend of improvement in frequency count of the produced number of phrases and varied phrases by both the pre-professional and the SGD user			
		Nr varied phrases	0	0	9.1 (4.6) [2-15] C-index=0.547; p=0.038	21.0 (13.5) [2-41] C-index=0.620; p=0.022					
	Satisfaction survey	/	/	4.8 (0.1) [4.6-4.9]	/		Very high satisfaction with AC as a delivery method				
Carnett et al., 2020	Teacher fidelity % (CS1; CS2; CS3; CS4)		1A	2A	1B	2B	3B	Follow-up	An increase in teacher fidelity is seen during intervention phases and a decrease during the baselines. Fidelity is kept similar to the intervention during follow-up		
			24 [20-30]; 22 [10-30]; 14 [10-20]; 20 [20-20];	58 [50-60]; 24 [10-40]; 46 [40-50]; /	90 [80-100]; 90 [50-90]; 89 [80-100]; 85 [70-100];	94 [90-100]; 97.5 [90-100]; 100]; 88 [80-100]; 82 [70-90];	/	97 [90-100]; /		97 [90-100]; 87 [80-90]; 97 [90-100]; /	
	Student SGD use		Independent mands (%)	0; 0; 0; 0;	12 [0-33]; 0; 6 [0-10]; /	71 [17-100]; 93 [79-100]; 71 [0-100]; 52 [22-85];	83.5 [55-100]; 100]; 74 [20-98]; 96 [85-100]; 43 [0-90];	/	94 [88-98]; /	96 [88-100]; 88 [80-100]; 97 [90-100]; /	An increase in independent mands and frequency of mands with SGD is seen in all users during the intervention phases with retained results during follow-up
			Frequency of mands (nr)	1.8 [1-2]; 3 [0-5]; 5 [4-6]; 13 [10-18];	2 [0-4]; 1 [0-3]; 15 [10-20]; /	6.9 [4-10]; 28 [14-42]; 12 [9-15]; 14 [7-26];	7.6 [5-13]; 26 [19-35]; 13 [11-15]; 10 [4-21];	/	25 [19-30]; /	6 [5-7]; 25 [22-28]; 11 [10-12]; /	
	IOA (CS1%; CS2%; CS3; CS4%)		100% for each CS		93.5, 97.0, 92.4, 98.0			/	High IOA		
TARF-R		4.86; 4.32 [2-5]; 3.5 [3-4]; 4.0 [2-5];		3.94 [3-5]; 3.88 [3-5]; 4.05 [2-5]; 3.82 [2-5];			/	Possible that the intervention interfered with daily routines, indicating a barrier to skill maintenance in practical settings			
Dimian et al, 2018	CS1	Play	1A	2A	1B	2B	2B*	2B**	Overall, an increase in independent AAC responses with decreased		
			Idiosyncratic %	22 [5-45]	18 [15-25]	5 [0-10]	3.5 [0-10]	/		/	
		AAC %	0	4 [0-5]	19 [15-25]	15 [10-25]	/	/			
Break	Idiosyncratic %	56 [0-90]	/	13 [0-60]	/	/	/				

	Help	AAC %	0	/	12 [0-30]	/	/	/	idiosyncratic behavior is seen once the FCT is introduced. Modifications to the FCT that facilitate the abilities of the participant (2B* and 2B**) may be necessary to ensure higher efficiency of training.	
		Idiosyncratic %	11 [0-30]	/	0	/	/	/		
		AAC %	0.6 [0-10]	/	15 [10-25]	/	/	/		
	CS2	Play	AAC complete%	24 [0-40]	49 [20-80]	12 [0-40]	63 [40-100]	80 [60-100]		91 [80-100]
		Help	AAC complete%	5 [0-20]	/	57 [0-100]	/	/		/
		Break	AAC complete%	9 [0-40]	/	61 [0-100]	/	/		/
	IOA (CS1%; CS2%)			98 [77-100] 98 [80-100]		98 [79-100] 97 [80-100]				Very high IOA
	TARF-R			/		Highly acceptable				High treatment acceptability
Procedural fidelity (CS1%; CS2%)					92 [78-100] 96 [67-100]				High fidelity	
Geronimo and Simmons., 2020	TeleBCI communication	Accuracy %	A Median [IQR1-IQR3]		B Median [IQR1-IQR3]				The communication accuracy showed an increase of 22% on average from baseline to intervention and an increase of 2.8 bits per minute.	
			34 [8-70]	S1=50 [32-66] S2=60 [45-65] S3=55 [45-65] S4=60 [15-70]	S5=55 [40-88] S6=63 [35-75] S7=45 [28-68] S8=60 [37-88]					
	Bit rate per minute	6 [0.2-12.5]		S1=6.5 [4-9.5] S2=11 [6-11.5] S3=9.5 [6-13.5] S4=8 [1-12]	S5=9 [5-16] S6=10 [4.5-16] S7=7 [4-12.5] S8=9 [6-14]					
		Trainer (n of participants; S1-S8)		14	14; 14; 13; 13; 13; 13; 12; 12					
	Notepad (n of participants; S1-S8)		2	3; 5; 8; 6; 8; 7; 8; 9			Nine participants progressed to using the notepad speller during at least one intervention session.			
	Text-to-Speech		1	1; 1; 5; 2; 5; 3; 4; 6						
	Text prediction		1	2; 3; 6; 5; 4; 4; 5; 6						
	Prepared text		0	1; 2; 4; 3; 4; 3; 4; 5						
ATDPA			/	First visit 44.1%; Last visit 38.9%			The major improvement was reported in confidence to use the teleBCI, whereas the major decrease was associated with device burden (BCI fitting into a routine, having the stamina to use, having the required support, and fitting in the home).			
Hall et al., 2014			A Mean (SD) [range]	1B (in-person) Mean (SD) [range]	2B (teleintervention) Mean (SD) [range]			Accuracy increased significantly during the intervention compared to		

	Use of <i>ed, ing, -s</i> morphemes	Probe accuracy%	3 [0-10]	79 [30-100]	100	the baseline, with a significant increase of independent responses during the teleintervention compared to the in-person training.			
		Prompted responses %	0	52 [18-80]	5 [0-20]				
		Independent responses %	0	48 [20-82]	95 [80-100]				
	Tau-U statistics	A vs 1B p<0.05; A vs 2B p<0.05; 1B vs 2B p=0.25; 1B independent responses vs 2B independent responses p<0.05							
Simacek et al., 2017	CS1	Snack/Drink	Idiosyncratic %	1A 27 [25-30]	2A 39 [13-63]	1B 15 [0-75]	1B ^y /	2B 0	Overall, an increase in independent AAC responses (with a decrease in idiosyncratic behavior) once the FCT is introduced. Modifications to the FCT like adding a time delay (1B ^y) should be considered to ensure the highest capacity of independent AAC responses produced by the participant.
			AAC %	1 [0-5]	43 [13-88]	34 [8-100]	/	55 [25-75]	
	Video	Idiosyncratic %	43 [35-88]	/	3 [0-25]	/	/		
		AAC %	3 [0-13]	/	59 [0-88]	/	/		
	Break	Idiosyncratic %	31 [0-50]	/	10 [0-50]	/	/		
		AAC %	0	/	39 [25-75]	/	/		
	CS2	Food/Drink	Idiosyncratic %	77 [65-100]	50 [0-100]	45 [0-100]	7 [0-65]	25 [0-65]	
			AAC %	12 [0-35]	34 [0-100]	50 [0-100]	98 [35-100]	73 [0-100]	
		Toy	Idiosyncratic %	92 [65-100]	/	17 [0-65]	/	/	
			AAC %	19 [0-35]	/	87 [0-100]	/	/	
	All done	Idiosyncratic %	100	/	31 [0-100]	/	/		
		AAC %	12 [0-35]	/	52 [0-100]	/	/		
	CS3	Food	Idiosyncratic %	38 [27-50]	30 [17-40]	8 [0-27]	/	8 [0-17]	
			AAC %	18 [2-33]	18 [3-30]	70 [53-100]	/	37 [27-57]	
		Snack	Idiosyncratic %	44 [33-60]	/	4 [0-13]	/	/	
			AAC %	0	/	33 [17-50]	/	/	
		Attention	Idiosyncratic %	31 [3-50]	/	4 [0-13]	/	/	
			AAC %	1 [0-7]	/	19 [7-33]	/	/	
	IOA % (CS1, CS2, CS3)		Idiosyncratic	91 [78-100]; 89 [67-100]; 94 [85-100]				Very high IOA	
			AAC	93 [84-100]; 91 [67-100]; 97 [92-100]					
	Procedural fidelity % (CS1, CS2, CS3)		96 [83-100]; 93 [71-100]; 94 [83-100]				High fidelity		
TARF-R		Highly acceptable				High treatment acceptability			

A, baseline; B, intervention; SGD, speech-generating device; AAC, augmentative and alternative communication; IOA, interobserver agreement; BCI, Brain-Computer Interface; TARF-R, Treatment Acceptability Rating Form-Revised; ATDPA, Assistive Technology Device Predisposition Assessment; FCT, Functional Communication Training; 2B*, Functional Communication Training with superordinate symbols on the navigation bar; 2B**, Functional Communication Training with superordinate symbols in an array; 1B^y, Functional Communication Training intervention + time delay;

891 **Figure legends**

892 Figure 1. The Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) flow diagram detailing the database search process and the
893 different review stages